



How Can Teachers Read Learner Body Language Without Guessing?

S06E02 | For teachers to adapt to their learners

Teaching focus

Gav asks whether a learner is listening and discovers that they were checking a word he had just used. In S06E02, that example complicates our discussion of eye contact, posture and signs of attention.

Our suggested routine

1. Notice the visible behaviour and task context without assigning a fixed meaning.
2. Ask an open question about understanding, time, materials or support.
3. Use a short task explanation, example or summary to check what needs clarification.
4. Adjust the task or give thinking time according to the learner's response.
5. Review whether your own gestures and feedback communicate the intended message clearly.

After the attempt

What could learners do? What needed another model or a smaller step? Choose one useful adjustment and try the task again.

Notes for our next lesson

Read the full teaching article and listen to the episode at howtoenglishpod.com